

WoW Parent Forum is on every Monday term time from 12 -1pm

WoW Enterprise Club Zoom networking every Wednesday from 10am—11am

WoW weekly Inter-Generational food deliveries

WoW Karate Every Saturday term time from 10am-12

**NEXT MONTH:**

WoW Karate

WoW Food

WoW Parent Forum

WoW Tea Party

**EDITOR AND PUBLISHER:**

**SENIA DEDIC BEM**

# International Women’s Day



WoW Mums have been invited to the Houses of Parliament by MP Fleur Anderson to celebrate the International Women’s Day, splendid opportunity to share the success, as

well as the wider positive impact women had since 1913, when IWD started being celebrated in Europe. We discussed the definition of Feminism, which is ‘political, social

and economic equality of men and women’. This is protected by Equality Act 2010, but not implemented by all . It is an injustice of our society that women are still paid 81 pence for every £1 men earn.

## WoW at the Parliament

International Women’s Day is celebrated annually on 8th March to highlight the social, economic, cultural and political achievements of women across the world. United Nations started celebrating this day since 1975, which was the International Year of Women. We enjoyed celebrating with our MP Marsha de Cordova at the Houses of Parliament with the theme Give to Gain, which encourages the mindset of generosity and collaboration. Photo from left: MP Marsha de Cordova and Senia Dedic:



# Wimbledon Reception



WoW Mums have been invited by the Chair of Wimbledon Foundation to the reception at the Wimbledon Courtside restaurant, to celebrate 25 years of their charitable work coaching children not just how to play tennis, but also life-skills and all values that this sport brings. We are very grateful for all grants and donations over the years and enjoyed working with the Wimbledon Foundation funding team to help our community and children. We are looking forward to the next opportunity to join them at their lovely grounds.

THANK YOU  
VERY MUCH TO  
BIG LOTTERY  
FOR THE  
GRANT

THANK YOU  
TO WAITROSE  
FOR THE  
COMMUNITY  
GRANT

# Free Food For Elderly

Free, fresh food is still delivered weekly to two of our neighboring lodges in Battersea: John Kirk and Holmleigh Court, sheltered accommodation for elderly in Battersea. Fresh meat, eggs, seasonal fruits and vegetables are delivered on every Friday to their lobby, where elderly can help themselves to the produce they need. This helps them with the increased cost of living and helps especially the elderly who are not very mobile and cannot get to the supermarket. They appreciate it so much and show their gratitude every week.



# APPG

Women of Wandsworth have been invited by All Party Parliamentary Group to the Houses of Parliament to discuss London's Tourism revenue. Number of Tourists is rising, but their expenditure in London is falling, because we don't offer tax free shopping and prices are lower online. Investment is needed in cleanliness and safety.



# WoW Easter Party with Elderly



AGE UK pole shows that 68% of people aged 70 and over in UK experiences an increase in their cost of living compared to one month ago. In response, one in three of them are spending less on food or other essentials.  
Photos: Residents of Holmeigh Court and volunteers

Women of Wandsworth are continuing with our inter-generational events at Holmeigh Court, sheltered housing accommodation in Battersea, supported by local businesses. It is lovely to see three generations celebrate Easter and eat lunch together. We will continue with these socials events throughout the year to help the elderly.



# WoW Karate For Children



WoW Karate classes are a solution to our parents' worry of bullying. Karate, as a martial art, emphasizes respect, focusing, health promotion and self-regulation. This may be an effective alternative to anti-bullying failing approach. Bullying is characterized by power imbalance in relationships, which can lead to negative social consequences. Youth with higher level of

resilience and self efficiency are less likely to engage in aggressive behavior or be a victims of bullying. Karate lessons improve the resilience and self efficiency of youth and makes them less likely to engage in aggressive behavior or be bullied. Karate self defense classes are very useful for girls and women and is one of the approaches in the Violence against Women and Girls movement. Therefore, Karate

should be considered an effective alternative to the anti bullying failing approach in institutions, which leads to exclusions and resentment. Thank you to our funders Thomas's Foundation. Our next Karate Term starts on 2. May in St.Peter's Centre. Please contact WoW Mums to put your child on the waiting list if you are interested. [info@wowmums.com](mailto:info@wowmums.com)