

# WOW MUMS

## Women of Wandsworth

#### MAY 2025 ISSUE 210 WOWMUMS.ORG.UK

Monday of the month from 12 - I pm WoW Enterprise

WoW Parent Forum is on every first

Club Zoom networking every Wednesday from 10am—11am

WoW weekly Inter-Generational food deliveries

WoW Karate Every Saturday term time from 10am-12

#### NEXT MONTH:

WoW KARATE

#### FREE FOOD

PARENT FORUM

EDITOR AND PUBLISHER:

SENIA DEDIC BEM

# **Mayor Making**



WoW Mums are very happy to have been invited to the Mayor Making ceremony at the Town Hall. Congratulations to Cllr Jeremy Ambache on becoming the Mayor of London Borough of Wandsworth again. His chosen charities are Wandsworth Welcomes Refugees, Wandsworth Oasis and Mindwatch Tooting. Photo: Mayor Jeremy Ambache and Senia Dedic

#### WoW Enterprise Club

WoW Enterprise Club supports single Mothers to become self employed by helping them to write their Business Plans and other Constitutional documents, required to start trading. This is the first hurdle they have to cross before they start using their talents and skills to run their enterprise, which is usually the biggest obstacle that's stopping them to start to work from home and take care of their family. Photo:

Senia at networking event with Business Junction



#### **Food Deliveries**

Wow Mums free food delivery to elderly residents of John Kirk lodge and to Holmleigh Court sheltered accommodation in Battersea helps them get some fresh meat, seasonal fruits and vegetables during this high cost of living crisis. It is nice to see them every week in their lodge hall.

> Photos: Volunteer Joe Wieczorek in Holmleigh Court with free food delivery and free food he delivers to John Kirk lodge every week.

Thank you to our funders and to Joe for his regular help.

THANK YOU TO OUR VOLUNTEERS, FUNDERS AND SUPPORTERS

### WoW Karate

WoW Karate lessons for children are on every Saturday (term time) in St. Peter's Centre in Battersea. WoW Karate Championship is on 5th July, where fierce competition with our brave hearts and unforgettable sparing fights will take place. Big celebration and the medal awarding ceremony is after the championship. To join, please contact us on: info@wowmums.com Photo: WoW Kids practicing karate blocks and kicks



# **VE Day With Elderly**

WoW Mums have organised another lovely summer lunch this month for our elderly friends at Holmleigh Court, sheltered accommodation in Battersea. This time we were celebrating VE Day with them and reminisced how it was in 1945 in London on this special Day.





We heard stories of happy events, remembered by our elderly friends, who were children and teen- agers at that time. Some were too young to know what was happening, but they remembered nice food after years of rations. Best thing was that all people were happy, because the war was over. Next intergenerational event is in June to continue the community bonding and to see the musical, performed by local school children. We would like to thank our special funders A&P Foundation and our devoted volunteers for their continual support.

### **NHS Quality Improvement**

WoW Mums have been invited by NHS Trust for Community Helathcare in SW London to discuss the development of a multi-professional pathway for CYP and families with complex health needs and SEND (special educational needs). Insight is valuable information that helps the NHS understand people's experiences, needs and challenges, to make informed decisions and to improve services. It is important to know what works well and what doesn't in NHS services, what barriers people face when accessing care, what do patients and communities need to improve health outcomes. Benefits of this quality improvement project are multiple, but mostly to maintain Doctor training status, which supports both Specialist Reg-

istrar trainees and rotational Resident Doctors, to offer the best skill mix for optimal service provision, to maximize capacity within walk-in clinics for those requiring same day or urgent care, etc. New pathway has been proposed for the referral of the child with potential complex needs. Impact of this plan should help the needs of young children to improve their attention, extracurricular activities, ways to socialise and make new friends and to have time to be a child. The Plan will help the families to

have time to spend together, to extend the family and to have other caring roles. We are so grateful that we have NHS and not the private insurance health system like in other countries.

### **Flower Show**



Flower Show on Kings Road was spectacular this year and some flower displays were more than impressive.