

WoW Parent Forum is on every first Monday of the month from 12-1pm

WoW Enterprise Club Zoom networking every Wednesday from 10am-11am

WoW weekly Inter-Generational food deliveries

WoW Karate Every Saturday term time from 10am-12

NEXT MONTH:

PICNIC

FREE FOOD DELIVERIES

GRUFFALO MUSICAL

PARENT FORUM

EDITOR AND PUBLISHER

SENIA DEDIC

WoW Trip to Dorset

WoW Mums and WoW Children had a lovely annual, community trip to Weymouth in Dorset. There was a lot of swimming, playing volleyball and watching classic Punch and Judy show on the beach. Hot weather was a lovely surprise, after a cold spring and winter. We visited the White Horse of Osmington, near Weymouth, celebrating the



reign of King George III, who visited Weymouth on several occasions. Thank you to our funders Battersea United Charities and Wandsworth Council.

WoW in UN Association

WoW Mums have been invited to become UN Association members in Wandsworth. We attended the meeting and joined other ladies from around the world in an interesting workshop about UN Association Trust funding opportunities, supporting people around the world.

Photo: Senia, Catherine and Robert from UN Association



WoW Karate Championship



fitness regime, that is useful for all ages, but WoW Karate is specifically designed for children, to tackle obesity, procrastination and to learn how to defend oneself against bullies, as well as to be vigilant in dangerous situations.

We have finished this Karate term with a WoW Karate Championship, where children engage in sparing fights and earn medals, awarded by Sensei Andrew Beech, Black Belt Second Dan. Our next Karate term starts on 21. September at St. Peter's Centre. Please contact us if you wish to join: info@wowmums.com

Karate is a perfect practice for getting the most out of life physically, mentally and spiritually. Various self-defense techniques that you will learn will help you develop physical strength and keep your body fit and flexible. Karate isn't just for learning self-defense, it's also great for your overall health and well being. Karate is a discipline, a



WoW at Mayor's Parlour

WoW Mum Senia Dedic has been invited by the Mayor of Wandsworth Cllr Sana Jafri to the Mayor's Parlour, as a Health Champion, to organise an event to raise an awareness of the importance of screening for Breast and Cervical Cancer amongst South Asian women, who live in Wandsworth. This event will take place in September in Town Hall. Photo: Sana and Senia



**Thank
You To
Our
Funders**

Summer Lunch With Elderly

WoW Mums organised yet another summer lunch at Holmleigh Court in Battersea for our elderly friends. Thank you to Amanda Bridges and Joe for cooking a scrumptious lunch. We are so grateful to our funders A&P Foundation for supporting us over the years. We have received a lovely Thank You letter from the Holmleigh Court resident Irene: 'I want to sincerely thank you for your help with free food deliveries, cooking and trips. Our lives with you have become interesting, tasty and full and so valuable for us. Therefore we wish you, our dear sponsors from WoW, health and joy and peace and may god reward you with abundant blessings. '



VAWG Strategy

It was our pleasure to hear the new VAWG strategy at the Violence Against Women and Girls (VAWG) launch at the Civic Suite. We had the pleasure of meeting the Metropolitan Police Chief Inspector for SW Mehrish Yasin-Bryant, who, as a lady, told us that VAWG has been included in the strategic policing requirement which recognises VAWG as a national threat alongside terrorism and serious organised crime.

Photo: Steve from Putney Police Station, Senia and Mehrish



WoW Enterprise Club



WoW Enterprise Club attended the business training event, organised by Victoria Asante from Women in Business Support Network. Dominika Poleszak (in the photo) delivered a presentation about the importance of Social Media for new Entrepreneurs at this event and advised us how to use the new social platforms to our business's advantage and pointed out the benefits of good reels, posts and having a good content, which attracts new customers and followers. This was a very useful presentation, especially in the world of fast changing things in advertising, marketing and PR, which are crucial for success.