

WOW MUMS

WoW Parent Forum is on every first Monday of the month from

12 - Ipm

WoW Enterprise Club Zoom networking every Wednesday from 10am—11am

WoW weekly
Inter-Generational
food deliveries

WoW Karate Every Saturday term time from

NEXT MONTH:

PARENT FORUM

WoW KARATE

FREE FOOD DELIVERIES

WoW TRIP TO WAYMOUTH

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Big Local SW11 Legacy

National Lottery Community Fund and Local Trust have invested £1 million in pockets of the country, which have been overlooked for funding and resources in the past and may face the decline of industry, high levels of unemployment, or have a pressing need for new support and activities.

Big Local SWII has been formed in 2012 and have started preparing their report on how they have spent the money and the legacy they will leave.

WoW Intergenerational project has been chosen by local residents in BLSWII consultations to continue supporting our vulnerable elderly neighbors in local lodges in Battersea. This has been included in the video documentary about BLSWII Legacy.



Photo: WoW Mum Senia Dedic being filmed for the BLSWII documentary

WoW Enterprise Club

WoW Enterprise Club has been invited to the latest event at the Stramford Bridge, organized by Chelsea FC Foundation. Guest speaker will be Joseph Valente, CEO of Trade Group, Author of the book 'Expelled from the classroom to Billionaire

boardroom' and winner of BBC's The Apprentice in 2015.

Theme of the event will be Building a 7 figure business with Joseph Valente. This event is on 5. July from 10am—12 at Stamford Bridge Our WoW entrepreneurs will have an opportunity

to take part in Q&A with Joseph and to network with other small businesses and organizations. Marketplace will be available for showcasing your business and connect with likeminded business people.

WoW Free Food For Elderly

Food shopping becomes more difficult in later life. One in five people aged 80-84 say they have difficulty shopping for groceries. This rises to 60% for those aged over 90. Older people face a number of barriers to food shopping: difficulty getting to food shops, particularly in cold and very hot weather; Store layouts can be difficult due to high and low shelves; Its difficult to carry heavy bags home; some struggle with online shopping, etc. That is why WoW Mums have organised free fresh food and meat delivers to their lodges for the last 4 years.





Photos: Residents in John Kirk Lodge and Joe Wieczorek in Holmleigh Court



WoW Karate

Karate is a type of martial art that helps your child to defend herself in any satiation or conflict. There are different techniques taught in Karate class including punching, kicking and blocking. These are exactly the skills your child needs as a self defense

skill. Karate teaches respect and only defense moves and teaches children to manage their anger. Karate is a full body workout, using arms, legs, abdominal muscles and all other muscle groups whilst training. These full

body exercises help improve the child's flexibility and balance, as well as posture..

WoW Karate lessons for children are on every Saturday in St. Peter's Centre (term time). Contact info@wowmums.com



