

**WoW Parent Forum** is on every Monday term time from 12-1pm

**WoW Enterprise Club Zoom** networking every Wednesday from 11am-1pm

**WoW Inter-Generational food deliveries** weekly

**WoW Karate** Every Saturday term time from 10am-12

**NEXT MONTH:**

**WoW Parent Forum**

**Food for Elderly**

**Indian Night**

**Family Boxing**

**EDITOR AND PUBLISHER:**

**SENIA DEDIC**

## Parcels For Elderly



Women of Wandsworth delivered free food parcels to elderly in Haven Lodge and in John Kirk Lodge over Christmas period. This has been generously funded by Battersea United Charities, for which we are very grateful.

We are looking forward to cooking again with the elderly from spring and celebrating Easter in their lodges, as we have been doing since 2010. We are very happy that they are all in good health in all three lodges in Battersea. Photo: on left Jane and on right Alan in Haven Lodge with food parcels



## WoW Parent Forum

We started with WoW Parent Forum this year with several birthday celebrations, but quickly got to solving problems, in our community, especially gang and knife crime, domestic violence, housing issues, amongst other problems our families face in society now. WoW Parent Forums are on any Monday in True Brew community Hub.



# WoW Food For Elderly



WoW Mum Senia with the food delivery

Every week since the beginning of the pandemic, including Christmas, WoW Mum Senia ensured that elderly in local lodges in Battersea are supplied with free non-perishable food and fresh fruit and vegetables. This winter month there were a lot of potatoes, onions, cabbages and turnips in the deliveries, as well as pasta, grapes and apples. We are very keen to start cooking with the elderly in their lodges from spring and spend time with them to alleviate loneliness and isolation, as we have been doing ever since 2010. Our elderly friends told us how much they all appreciate this to our delight.

THANK YOU TO BATTERSEA UNITED CHARITIES FOR THEIR GENEROUS GRANT FOR WOW MUMS TO SUPPORT THE ELDERLY OVER CHRISTMAS

THANK YOU TO THOMAS'S FOUNDATION FOR THEIR GENEROUS GRANT FOR WOW MUMS TO SUPPORT WOW KARATE CLASS FOR CHILDREN

# WoW Karate

This term WoW Karate Kids are preparing for grading in March at our WoW Karate Championship. Some children are already ready for black belts and would like to start working for WoW Mums as Karate Assistants, once they achieve that level of self-defense skill. This is great addition to their

CV and will help with future employment. WoW Karate classes started in 2010 as a solution to parents' worry about their children going alone to secondary school. In addition to being a very active self-defense after-school class, Karate also teaches focusing and vigilance against bullies.



# WCA Cluster Partnership

WoW Mums were invited to the Wandsworth Care Alliance Cluster Partnership meeting to discuss the support for children and young people. WoW Mums recognised the importance of strong family support for children within the family and have set up Parent Forum in 2007 to help all parents with any issue they might have whilst raising their children in our community.

