

**Virtual WoW
Parent Forum**
on every
Saturday term
time from
12 -1pm

**WoW Enterprise
Club Zoom**
networking every
Tuesday from
11am—1pm

**WoW
Inter-Generational
food deliveries**
weekly

WoW Karate
Every Saturday
term time from
10am—12

NEXT MONTH:

**Food
Delivery**

**WoW Committee
meeting**

**WoW Environ-
mental Campaign**

**EDITOR AND
PUBLISHER:**

**SENIA
DEDIC**

WoW in Cornwall

After very hard 6 months of working overtime to help our elderly and children in our schools and lodges, WoW Mums took the community to the sea-side to relax and learn new things about the sea and Cornwall.

This is our 10th year of regularly taking urban children to the seaside and to the countryside to learn about the nature and the geography of UK. We have taken over 100 people on these trips over ten years and have visited the whole west country. Thank you to Battersea United Charities for funding this WoW educational trip.



WoW Food Delivery For John Kirk

WoW Mum Senia delivered free food parcels to elderly residents at John Kirk lodge throughout the Covid 19 pandemic. Due to self-isolation, residents were reluctant to go to the shops and to leave the lodge, so our food delivered to their doorstep was much appreciated.



WoW in the Papers



Women of Wandsworth are very pleased that our efforts and efforts of other community organisations have been recognised by the Council, who published a big Thank You article in their flagship magazine Brightsides, as their gratitude for the Voluntary Sector Coordination. Articles about WoW appeared also in My London magazine, as well as on several online news platforms, such as Battersea Beat, Battersea Covid 19 and Facebook to recognize our determined attempts to help our elderly in sheltered housing accommodations and our children of key workers at school.

Family Support



WoW Mum Deepika Makwana, Director of

Keeping Families Together project, started working with WoW Mums on Guard-rails project, which is an early intervention to support families and young people through toughest times from birth to 19 years of age. Deepika works alongside Social Services in areas of: Parenting Skills, Supporting families who

have young People involved in gang affiliation, listening to the concerns of parents and young people and providing support to families and Social Services. If you have any concerns regarding your child's potential expulsion from school please contact Deepika at East Hill Baptist Church, 182 East Hill, London SW18

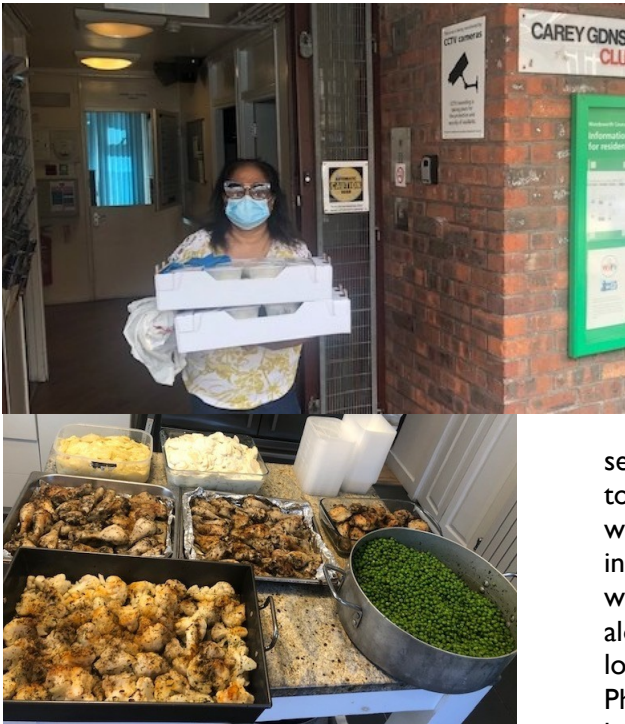
WoW Delivery to Haven Lodge

Our regular free food deliveries to Haven Lodge were a lifeline for some elderly residents in Haven Lodge, who were self isolating and to others who were ill. They appreciated our consistency and regular weekly food deliveries. They said: 'We know we can count on WoW Mums.'

Photo: WoW Mum Senia with the Warden and residents of Haven Lodge



Syeda's Kitchen



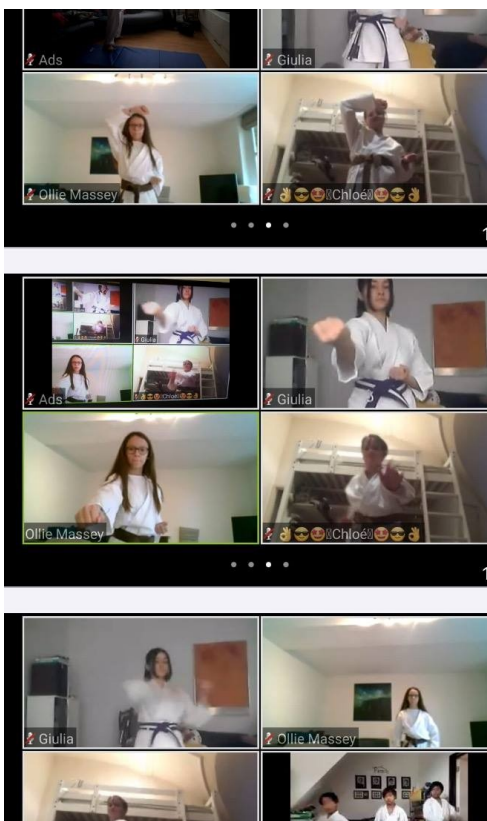
Syeda's Kitchen delivered scrumptious, home cooked, hot food to elderly residents in Hill Lodge, Carey Gardens and others. In phase 2 of Covid 19 support Syeda served 1162 meals across 8 weeks, which represent week 10-17 since the lockdown started. Syeda was really happy to see one of the residents who was in self isolation for 5 weeks due to serious medical problem, who will have the operation in August. Syeda's curries were a lifesaver for her all alone in her flat for such a long time. Phase 3 of Covid 19 support has started.



Photo: Syeda Islam delivering food to Hill Lodge residents



WoW Karate Championship



WoW Dad and Karate Master Andrew Beech, Black Belt, 2nd Dan has delivered the WoW Karate summer term, despite the obstacles due to Covid 19. Children were keen to continue learning the karate katas and did not lose the momentum in learning, thanks to our funders Thomas's School Foundation and Wandsworth Housing Champions Fund. Andy has delivered Zoom classes, regular karate classes and other fitness programs over the pandemic period and has kept the community fit in lockdown. Because of this, he has been nominated for the Black Covid Hero Award.

BLAC[®]

Bright Lights Awards Ceremony

COVID HERO AWARDS

This is an unprecedented time in our history. The COVID-19 pandemic is having an impact on the health of our loved ones, the businesses we rely upon, the health of the global economy, and the way we live our daily lives. As we all continue to navigate through these unique and evolving challenges, we want you to know The BLAC Awards is here for you.