

**WoW Parent Forum** on every Saturday term time from 12 - 1pm in KLS

**WoW Enterprise Club** networking every first Wednesday from 10am—3pm in Stamford Bridge with Chelsea Foundation

**WoW Inter-Generational Coffee Morning** Twice a month in local Lodges

**WoW Karate** Every Saturday term time from 10am—12

### NEXT MONTH:

Helping the Community

CCG Zoom Meetings

Food Deliveries

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**SENIA DEDIC**

## Sandra's Videos

WoW Mum Sandra Munoz Alvarez is working on a promotional video for Life Lines project, which is an online platform keeping families connected with their loved ones in hospital and the clinicians looking after them.

Sandra's enterprise Keep-sake videos is still operating and providing this very useful service for such a crucial project in these hard times for everyone. Life Lines is funded by generous philanthropic funders and industry partners to provide a lifeline

to patients struck by illness, to be connected to their families when they cannot be near, which helps to dramatically reduce family and patient's distress, whilst in hospital. Not being able to be near our loved ones during their illness is one of the cruelest elements of this pandemic. Being able to hear their families' voice and see their virtual presence is very comforting for patients in ICU, said the nurses from Guy's and St Thomas's hospital. Life Line's secure platform enables the

family members to be virtually by patient's bedside, which is particularly important when patients are approaching the end of life.

Life Line also helps to alleviate the stress for the intensive care nurses, who play a crucial role in communicating with families and who are doing everything they can to make sure no one feels alone.

This project could revolutionise the way we communicate with families in the future.

## Falcon Estate RA

WoW Mums organisation has broken into clusters of philanthropic projects, due to lockdown, so we are all helping in our own ways our imminent neighbors where we live. Therefore, WoW Mum Senia Dedic is delivering food regularly to disabled and vulnerable people on Falcon Estate.

This has been made possible thanks to Big Local SW11 Alliance partnership, who have made £100,000 grant available in

response to Covid 19 pandemic, for local organisations and charities to apply for to better support and protect their volunteers, provide supplies for their most vulnerable and elderly residents. Falcon Estate RA is able to support their elderly neighbours.

This lockdown is temporary, but our community is forever. Photo: One of the residents in Temple House



## WoW Food Delivery



Food parcels for Haven Lodge residents

WoW Mums' charitable work, funded by London Community fund has not been stopped by the pandemic. We continue to deliver dry food parcels to Haven Lodge as contracted by Wimbledon Foundation, to support the lonely and isolated elderly, who live alone. It is sad that we cannot celebrate properly our 10 years anniversary since we started our WoW Inter-generational project.



Thank you to Battersea angels for helping us deliver this food.

## Andy's Zumba For Families



WoW Dad Andrew Beech is giving PE lessons for all children through free Zumba classes online. It is very important to stay active in this period of lock down, especially for children, but Mums have joined in as well, until it became a family active party. So far 30 people attended, but anyone can take part on any Wednesday at 10am via Zoom 665-287-0203. Password is Enable.

## Teresa's Knitting Class

WoW Mum Teresa Austin is our latest new Committee Member, who joined us last year, after a long time of socialising together in our community. We knew that Teresa is very talented in many areas, but we didn't know that she can knit a jumper in one day.

Teresa is using her lock down time to show people how to knit via Facebook, with precise instructions and guidance. We can hardly wait to go back to normal and have a proper knitting class with Teresa, to knit our own jumpers, hats and scarves.





# Syeda's Cooking for the Community

WoW Mum Syeda Islam, took the initiative to cook for her neighbors and for elderly in sheltered housing accommodation lodges with her family. Syeda is doing this from her own budget, with small donation from Rotary Club of Battersea Park, as a philanthropic community volunteer. Syeda cooked free hot meals for Haven Lodge, John Kirk and Doris Emmerton lodges so far and is planning to continue cooking until the lockdown is over.



Photo above: Syeda cooking in her kitchen



Photo below: Ishan packing the food



# Andrew's Online Karate Lessons



WoW Dad and a winner of UK Community Coach award Andrew Beech is giving free online Karate lessons for children every day on Facebook. If you would like to take part, please join his page Buna Kazoku Karate, which is teaching Shotokan karate style. Andrew has a black belt, second Dan and has been teaching Karate for 10 years. He is also the initiator of WoW Karate Championship, where children have been sparing in Karate fights since 2013. We are planning to continue our regular WoW Karate classes online.

