

W.O.W Parent  
Forum  
every  
Saturday term time  
from  
12 -1pm in KLS

W.O.W Enterprise  
and Work Club  
every third Friday  
from 10am—12 in  
Revolution

W.O.W  
Inter-Generational  
Coffee Morning  
Twice a month in  
Haven Lodge

WoW Karate Every  
Saturday term time  
in KLS 10am—12

### NEXT MONTH:

WoW Easter  
Egg Hunt

WoW Karate

WoW in  
Homleigh Court

EDITOR AND  
PUBLISHER

SENIA  
DEDIC

## International Women's Day

WoW Mum Senia Dedić has been invited to The Wireless radio station to take part in a project to celebrate International Women's Day and the centenary of women's right to vote. You can listen to the discussion about the equality, empowerment, education and the value women offer to the society on Voices with Nicola Kidner.

Senia spoke about the concern for the 'sandwich generation', where a person is looking after children and the elderly. With an ageing population, and where people are starting families later, 'sandwich caring' responsibilities are on the rise and it is women who are more likely to face the pressure of simultaneously shouldering responsibility for young and old. A recent Carers UK study found women were four times more likely than men to have given up work due to multiple caring responsibilities.



Senia at the studio.

## WoW Art Class



Brian Goldsmith, resident of Haven Lodge, sheltered accommodation, enjoyed drawing his owl at WoW Mums intergenerational Art Class curated by Mel Barry. Art made at this art workshop will be exhibited at the Art Hut in Thrive Garden during Wandsworth Art Fringe Festival in May.

WoW Mums have been asked to expand our intergenerational service to other lodges in Battersea, so our next event will be in Homleigh Court.

## WoW Enterprise Club

Members of WoW Enterprise Club were invited to the Business Junction's flagship event, the Launch of London Business Directory 2018 on top of Millbank Tower.

We enjoyed the networking with amazing businesses such as Ascot Racing, Energy Partnership and Zipcar amongst 350 others, with great views and food from the prestigious Sky Loft at Altitude bar.

Join WoW Enterprise Club, which is a solution to the Catch 22 problem for Mothers who put their children and family first.



Sandra Munoz-Alvarez, Keepsake Videos CEO and Senia Dedic, URBIS Business Consultancy CEO

## WoW Braille Campaign

WoW Mum Senia Dedić has asked the Parliament Minister Marsha de Cordova to raise an issue of visually impaired people needing Braille signs on stairs handles at railway stations, so they would know which platform they are accessing

and destinations they can reach from there. We are pleased to see that Mr. Sadiq Khan, Mayor of London, agreed with our proposal to put travel signs in Braille on all stairs handles at all railway stations in London.

We would like to thank our Assembly member for Wandsworth and Merton Cllr Leonie Cooper for raising this issue at the Mayor's Question Time in City Hall.

## Karate Championship

WoW Karate Kids took part in Karate Championship in Caius House, organised by WoW Mums and Karate Master Andrew Beech, black belt, second dan.

After the grading test, the championship started with sparring fights and gold medals for the best self defense. Thank you to the Wandsworth Council's Housing Department for funding.





## WoW at Enterprise Week

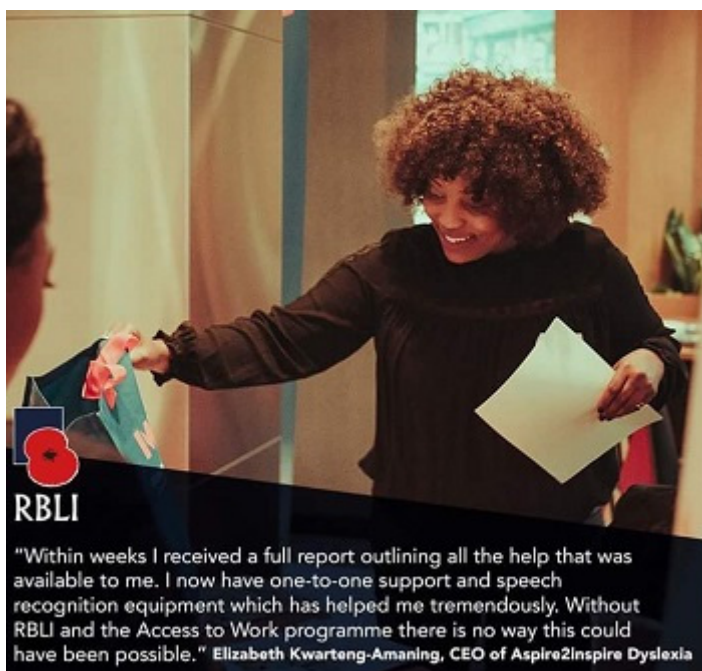


Jeanette Wickham, Jenny Sunshine CEO and Sandra Munoz-Alvarez, Keepsake Videos CEO

Self-employed WoW Mums Jeanette and Sandra attended the Wandsworth Women's Enterprise Week this month to celebrate the achievements of female entrepreneurs. This event provides women with free support and business advice to help them flourish, develop and expand their companies.

## Royal British Legion Industries

Elizabeth Kwarteng-Amaning, CEO of A2i Dyslexia, had dreams of setting up a charity which supports those with Dyslexia, after struggling to read and write until the age of 15 herself. With the support of Royal British Legion Industries (RBLI) Access to Work programme, Elizabeth was provided with a specialised workplace assessor who provided the support and guidance she needed to allow her to develop her organisation. Elizabeth's dream came true. Aspire2inspire Dyslexia, which has been nominated for the National Diversity Award, aims to encourage entrepreneurship, employabil-



"Within weeks I received a full report outlining all the help that was available to me. I now have one-to-one support and speech recognition equipment which has helped me tremendously. Without RBLI and the Access to Work programme there is no way this could have been possible." Elizabeth Kwarteng-Amaning, CEO of Aspire2inspire Dyslexia

ity skills and education in people struggling with Dyslexia.

Director of RBLI Employment Steve Woodward said: 'We hope that Access to Work programme, and we at RBLI, can put many people on the path to achieving their dreams.'

'Within weeks I received a full report outlining all the

help that was available to me. I now have one-to-one support and speech recognition equipment, which has helped me tremendously. Without RBLI and Access to Work programme there is no way this could have been possible.' said Elizabeth.

# WoW Easter Disco



WoW Dad, Community Champion Andrew Beech organised an Easter Disco to celebrate the success of the Karate Championship with all Karate kids. It was a fun Pop Idol themed party with a lot of games, dancing, balloons and chocolate eggs.

Next WoW Karate term starts on 21st April. Thank you to WoW Karate funders and partners Thomas's Schools Foundation.



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## Intergenerational Tai Chi

After a request for Tai Chi exercise from our parents at WoW Mums Parent Forum, WoW Mums organised these free meditative classes for all our local residents, of all ages and abilities.

Classes are led by experienced Tai Chi teacher Michael Burke and are adjusted to the elderly residents' pace. Join us on Wednesdays from 2pm in Haven Lodge Hall. Additional traditional meditation sessions are organised with Hannah Esselink, who visits the lodge once a month.



## WOW MUMS EASTER LUNCH

**TUESDAY,  
3RD APRIL 2018  
HAVEN LODGE  
AND  
JOHN KIRK HOUSE  
FROM 11-1PM**

