

WOW MUMS

Women of Wandsworth

OCTOBER 2017 ISSUE119

WOWMUMS.COM

W.O.W Parent Forum every Saturday term time from 10 am—12pm in KLS

W.O.W Enterprise and Work Club every third Friday from 10am—12 in Revolution

W.O.W Inter-Generational Coffee Morning Twice a month in Haven Lodge

WoW Karate Every Saturday term time in KLS 10am—12

NEXT MONTH:

WoW AGM in City Hall

Fireworks

Karate Championship

WoW Intergenerational Dance Show

EDITOR AND PUBLISHER:

SENIA DEDIC

WoW Mentoring NCS Youth



WoW Mums have been doing intergenerational work since 2010 by involving 3 generations in every day community events.

WoW Mums became partners with NCS National Citizen Service and have been mentoring the youth in intergenerational work to bridge the gap between

generations and to reach the lonely and isolated elderly in our community.

It is remarkable that every year we get more than 15 young people, aged 16-18 years, who volunteer to get involved in this work. Through WoW Mums' mentoring, the youth prepare lunch and entertain-

ment for elderly as their challenge, which they do perfectly every year. Elderly, who do not have their grandchildren in UK appreciate it very much and the youth who do not have grand parents in London get to know the elderly better and like having an interaction with them.

WoW with Baranardos

WoW Muma had an eye-opening workshop with Barnardos trainer Serena Lobban to discuss facts about child slavery, online grooming of children and trafficking of children.

Next Barnardos 'Stop it before it starts' workshop is on Saturday, 4th November at 10am in KLS. All parents welcome.

Photo: From left Yuka, Maria, Helen, Syeda and Serena



WoW Resident Involvement

told that we do too much in the community, from Parent Forum to afterschool activities and Enterprise club for Mums to residential trips and campaigning. This has been noticed by the Wandsworth Council's Housing department, as they have chosen two of our the world, amongst photos for their website Resident

WoW Mums are often

Involvement page. We have supported our members in becoming Chairs of several Residents Associations to take care of their local community, as well as took part in Wandsworth Council's Cook book with most of our recipes from around finding solutions to other local problems.









WoW Art Class

Local children have requested an arts and crafts class whilst they wait for the Wow Karate lessons. Our creative Art Teachers Clara and Teresa have delivered several fun workshops already, where they made key rings, autumn leaves and personal purses. Please join them and express your creativity whilst having fun with your friends.

It's on every Saturday from 10am—12 in Katherine Low Settlement.



WoW Dance in RAD



WoW Mums intergenerational dance class in Royal Academy of Dance is a perfect example of involving all three generations in a spectacular dance workshop, skillfully choreographed by Bodmoves CEO lo Leahy. This choreography is inspired by art made last year by WoW Mums, WoW Kids and by our elderly

friends from Haven Lodge, curated by Mel Barry of Move Exhibition. Older people often identify social inclusion as important to their quality of life and independence. They want to have good relationships with family and friends, to have a role, to feel useful and to be treated with respect by everyone and that's why we invite them to all WoW workshops.

WoW Halloween Party



Halloween is regarded as an American holiday, but in actual fact, Halloween originated in Britain. The name Halloween, or All Hallows' Eve, comes from the Old English halga or "holy". Up until 1500 the word "hallow" referred to a holy person and so Halloween was named as the night before All Saints' Day. This information is from BBC article published on 30th October 2017

As All Saints Day is a Christian celebration of the passed Saints and our ancestors, so is Halloween.

All Saints Day was adopted from the previous Pagan religion celebration harvest, abundance of food and nature dying until spring, as well as celebrating the lives of family members who have died.

Unfortunately, commercialisation of all holiday festivities turned this respectful holiday into a free market anarchism and ruined children's good manners by demanding sweets from strangers.

WoW Enterprise Club

When WoW Mums started with our WoW Enterprise Club in 2009 we didn't predict that in a relatively short period of time, four of our Mothers' enterprises would be short listed for a Wandsworth Chamber of Commerce Business Award. We were battling with problems of very expensive child care and potential child

neglect and realized that entrepreneurship is the best solution to this problem. Mothers can run a business and enjoy their work at their own pace and at the time that suits their family, so the children would not be neglected and single Mother would be employed. Awards ceremony is on 7th December in Pestana Hotel.



WOW KARATE CHAMPIONSHIP

Karate Grading
by Buna Kazuku
Karate School and
managed by WoW Mums
is on
Saturday,
25th November 2017
From 10am—12
In Caius House



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