

WOW MUMS

Women of Wandsworth

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W.O.W Parent Forum every Saturday term time from 10 am—I 2pm in

W.O.W Enterprise and Work Club every third Friday from 10am—12 in Revolution

W.O.W Inter-Generational Coffee Morning Twice a month in Haven Lodge

NEXT MONTH:

Chinese New Year

WoW Art Class

Valentines Day

EDITOR AND PUBLISHER:

SENIA DEDIC

WoW New Years Party



WoW intergenerational New Years celebration in Haven Lodge was fun and energetic.

After a lovely mild chicken curry, prepared by WoW Mum Syeda Islam, we danced and sang thanks to the awesome DJ Sean Crawley.

Children, Mums and agile elderly residents formed a conga line around the room and enjoyed the Party so much, that it continued even after we left.

We would like to thank our funders People's Health Trust and Big Local SWII.

Clean Air

WoW Mum Senia Dedic attended the Clean Air meeting to discuss the recently published NICE guidance about the air quality in London, commissioned by Department of Health in England. Other community organisationas and concerned citizens attended and asked crucial questions about Mayor's plans to reduce the

pollution in our city.
Two representatives from
GLA presented Mayor's
strategies and plans to
reduce pollutions, mainly
taking all diesel buses of the
roads and replacing them
with hybrids and to include
air quality in all local
business plans and
construction. There is a lot
to do to comply with 1995

Environment Act.



WoW Inter-generational Burn's Night



WoW Mums are keen to teach our children the values and traditions from around the world, so we decided to celebrate Burn's Night, to commemorate the life of poet Robert Burns, who best contributed to Scottish culture. We knew that some children would try haggis for the first time, but some elderly residents have never tried it either. It is very tasty.



We are grateful for the funding from BLSWII and from People's Health Trust for investing in surrogate families to reduce loneliness and isolation of elderly.



WoW Mentors

Women of Wandsworth were approached by Regenerate, UK charity for mentoring, to try and help them with mentoring young girls in particular.

Regenerate liked our intergenerational project and thought that their girls would benefit from talking to our mothers and elderly ladies with lots of experience and empathy.

We are eagerly expecting them at our next intergenerational event to meet them and to introduce them to the residents of Haven Lodge.

WoW Mums wanted to propose the Dutch idea to solve the aging problem by

having students live in sheltered accommodation with the elderly, as both groups have similar housing problems and could live in a perfect symbiosis, where students would help the elderly with shopping, IT skills and reduce their Ioneliness. Students on the other hand would have affordable or free accommodation. This would reduce dementia, increase life expectancy and well-being amongst the older generation and fulfill the life of students who want to help them. Similar pilot project has been run in University of Exeter with great success. Read more here: http://wef.ch/2hRpY91

Chinese New Year



Organised by:

FRIDAY,
10th FEBRUARY 2017
AT 6 PM
IN HAVEN LODGE
2 WOLFTENCROFT
CLOSE SW11 2LD

Funded by:

