

# WOW MUMS

#### Women of Wandsworth

OCTOBER 2015 ISSUE 95

WOWMUMS.COM

#### W.O.W Parent Forum every Thursday (term time) 5pm -6 pm in Caius House and on every Saturday (term time) from 10 am—12pm in KLS

W.O.W Enterprise and Work Club every last Friday from I I am—I pm in Pennethorne House

W.O.W
Inter-Generational
Coffee Morning
Twice a month in
Haven Lodge

#### NEXT MONTH

Karate Championship

WoW AGM

**Fireworks** 

**Cenotaph** 

EDITOR:
SENIA DEDIC

## **WoW** Eid and Diwali Party

As part of Black History Month, WoW Mums have organised a fantastic Eid and Diwali celebration in Haven Lodge, sheltered housing accommodation in Battersea for all local elderly residents. This event has been funded by Big Local SWII and People's Health Trust. WoW Mum Syeda Islam

has prepared a scrumptious feast for everyone, with authentic curry dish accompanied by vegetables, daal, pilaw rice and desert. The residents are very grateful for the free food, but they enjoy more the company of the children and Mothers. Our next event in Haven Lodge will be on Friday,

13th November from 4pm, which will be a celebration of lights in Asia. This event will be attended by Jane Ellison, Health Minister, who will witness the health benefits of regular interaction between three generations, which has solved the problem of loneliness and isolation of elderly in

Battersea.



Photo: From left Linda, Joyce, Joan, Bubbles and Carole

### **WoW** Enterprise Event

Women of Wandsworth have teamed up with Wandsworth Rotaract club to deliver a Business Development workshop in Caius House, youth club for young people who would like to start their own small business. Sharon Mclean from Business With Excellence will delivered a workshop on how to write a business plan on

Wednesday, 27th January, which is essential for a small business start up. Mrs. Mclean will promote her new book Business Pearls at this event, which

is full of useful tips and advice for the new entrepreneurs. If you would like to attend, please contact WoW Mums.





#### WoW Halloween UV Party

This year WoW
Mums teamed up
with Kambala Estate
RA to deliver the UV
party with glow in the
dark face painting and
a scary film for all
children and residents
in Battersea.
More than fifty
residents attended
and enjoyed dressing
up in scary outfits and
carving pumpkins.

Photo by Sandra Munoz Alvarez



### Clinical Commissioning Group

Women of Wandsworth have been invited to Thinking Partners Group meeting this month to discuss the Wandsworth Health and Wellbeing Strategy, Health Inequalities Project, Transforming Primary Care and Wandsworth Clinical Commissioning Group's Intentions.

It was recognised that mental health has an overarching priority as well as isolation and loneliness of elderly, which can be bad for health both physical and mental.

Women of Wandsworth stressed the importance of investing funds into preventing the illnesses such Asthma and Eczema, Food allergies, Obesity, stress and mental disorders, by providing better housing, good quality food and reducing pollution, by using

solar panels everywhere. Thinking Partners Group agreed with the Wandsworth Health and Wellbeing Strategy to support working with partners to develop initiatives to combat social isolation in older people, including volunteering and befriending schemes. WoW Mums' Intergenerational surrogacy program was praised and everyone agreed that it should be replicated elsewhere in the borough and wider. Next meeting is on 6th November, where the Commissioners, Thinking Partners Group and The Seldom Heard Communities will review and celebrate how the CCG is meeting its





WOMEN OF WANDSWORTH AGM

You are cordially invited to our Annual General Meeting on Saturday,21st November 2015 from 11am to 1PM in KLS