

WOW MUMS

Women of Wandsworth

APRIL 2015 ISSUE 89 WOWMUMS.LONDON

W.O.W Parent Forum every Thursday (term time) 5pm -6 pm in Caius House and on every Saturday (term time) from 10 am—12pm in KLS

W.O.W Enterprise and Work Club every last Friday from I lam—Ipm in John Morris House

W.O.W Inter-Generational Coffee Morning Twice a month in Haven Lodge

NEXT MONTH:

Queen's Birthday Parade

Parent Forum

WoW Art

WoW Drama

WoW Karate

WoW Curry

EDITOR:

SENIA DEDIC

Persian New Year

Deputy Mayor of Wandsworth attended the Persian New Year celebration organized by Women of Wandsworth in Haven Lodge. Ishan Feisal (10y), the Chair of WoW Kids, prepared some information about this celebration.

Nowruz is the name of Persian New Year, because Now means new and Ruz means day, so Nowruz means new day.

The main thing in Nowruz celebration is 'Haft-Seen', which means the seven Ss: Sabzeh ~wheat which symbolizes rebirth. Samanu~ sweet pudding which symbolizes affluence. Senjed ~ wild olive which symbolizes love. Seer ~ garlic, which symbolizes medicine. Seeb~ apple for beauty and health. Somaq ~ Sumak fruit which symbolizes the colour of sunrise. Serkeh ~ vinegar symbolizing old age and patience.

The 13th day of the Persian New year is called 'Sizdah Bedar' and spent mostly outdoors. People leave their homes to go to the parks or local plains for a festive picnic. It is the most popular day of the holiday among the children, because they get to play a lot! By Ishan Feisal



Sandra, Janet, Deputy Mayor, Ishan, Eduardo and Syeda

WoW Easter Egg Hunt

WoW Mums organised our traditional inter generational lunch and Easter Egg Hunt in Haven Lodge garden this month.

The residents enjoyed the children's company and gave the big chocolate eggs to the winners of the Egg Hunt. Our next event in Haven Lodge is the Art Workshop on Saturday, 9th May, which is a part of Wandsworth Art Fringe Festival.

Please contact WoW Mums if you would like to take part in this event.



Adam Hamidani, Janet Crowley & Eduardo Munoz

WoW St. George's Day

WoW Mums celebrated St. George's Day with the Haven Lodge residents over Fish&Chips and Tea. Haven Lodge warden Kerri Stephens joined us and enjoyed singing traditional songs with us and the residents. The residents enjoyed our company and continued socialising amongst themselves even when we left. We would like to thank our funders People's Health Trust for their support and funding our inter-generational events.



Brian Goldsmith, Senia and George Mark Photo by Sandra Munoz Alvarez

WoW Drama Gala

WoW Drama class is the most video of this performance, affordable Drama class in Battersea, delivered by our teacher Zenovia Rethoric. This term the children were preparing the moves and songs from 'I Like to Move it' film, which they performed in Caius House this month. WoW Mum and Drama project manager Sandra Munoz Alvarez filmed and edited a short

which you can watch here: https://www.youtube.com/ watch?v=gDbOcTtJHDO We would like to thank our funders Thomas's Schools Foundation for supporting WoW Mums' effort to make sure that the whole community can afford Drama classes and learn more about literature and theater genre.



WoW Enterprise

WoW Enterprise Club is continuing with the networking in John Morris House on Friday, 22nd May from 12-2pm.

Mrs. Sharon Mclean from Business with Excellence organisation will help us with the small business Marketing strategy, where we will learn how to compete with the big firms and other competitors.

Photos from the freelancer's networking.



WoW Mums **Inter-Generational ART CLASS**



On SATURDAY 9th MAY 2015 JN HAVEN LODGE From 1PM-3PM





Funded by: